

# JANUARY 2019

## CMHS Breakfast Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Happy New Year! **1**

No School

Christmas Break **2**

No School

Breakfast Burrito **3**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Long John Doughnut **4**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Breakfast Sausage **7**  
Pizza  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Sausage, Egg, & Cheese Biscuit **8**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Wednesday Waffle **9**  
Bar w/ Toppings  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Warm Cinnamon Roll **10**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Bacon & Egg Scramble **11**  
Warm Biscuit  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

French Toast **14**  
Sticks w/ Syrup  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Sausage & Cheese Croissant **15**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Long John Doughnut **16**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Pancake & Sausage Wrap **17**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Biscuits & Gravy **18**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Martin Luther King Jr Day **21**  
  
No School

Chicken Biscuit **22**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Cinnamon & Sugar Doughnuts **23**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Breakfast Burrito **24**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Long John Doughnut **25**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Breakfast Sausage **28**  
Pizza  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Sausage, Egg, & Cheese Biscuit **29**  
Hashbrown  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Wednesday Waffle **30**  
Bar w/ Toppings  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

Warm Cinnamon Roll **31**  
Choice of Fruit  
100% Fruit Juice  
Cold Milk

DID YOU KNOW...  
January's gem is garnet which represents constancy.

**Offered Daily:**  
Fruit Smoothies w/Toast & Jelly  
Coffee Coolers w/Toast & Jelly

**Offered Daily, Choose 1:**  
Mini Doughnuts  
Poptarts  
Jammer

**Offered Daily, Choose 2:**  
Muffins  
Cereal  
Cereal Bar  
Cheez-its  
Toast w/Jelly  
Yogurt \*  
Cheese Stick\*

\*2<sup>nd</sup> Item must be a grain

**Students must choose 3 items for a complete meal, and 1 item must be a fruit or fruit juice.**

**Menu is subject to change.**

**We are a peanut butter free school district**

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com