

# JANUARY 2019

## Bethalto East Lunch Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1  
Happy New Year!

No School

2  
Christmas  
Break

No School

3  
Pepperoni Pizza  
Savory Green  
Beans  
A+ Applesauce  
French Toast  
Goldfish  
Cold Milk

4  
Crispy Chicken  
Sandwich  
French Fries  
Mandarin Oranges  
Cold Milk

7  
Hot Dog  
Sweet Potato Tots  
Powerful Pineapple  
Cold Milk

8  
Crunchy Beef Tacos  
Cheesy Beans  
Fresh Apple Slices  
Cold Milk

9  
**Breakfast 4 Lunch**  
French Toast Sticks  
Scrambled Eggs  
Potato Tots  
Sweet Peaches  
Cold Milk

10  
Chicken Rings  
Bread Slice  
Cheesy Broccoli  
Sweet Strawberries  
Cold Milk

11  
Try Day  
Cheezy Breadstick  
Dunkers w/ Sauce  
**Roasted Zucchini**  
Banana  
Sugar Cookie  
Cold Milk

14  
Personal Pan  
Cheese Pizza  
Mixed Veggies  
Perfect Pears  
Cold Milk

15  
Crispy Chicken  
Drumstick  
Dinner Roll  
Mashed Potatoes &  
Gravy  
Orange Smiles  
Cold Milk

16  
Deli Sub Sandwich  
Super Salad  
Crazy Corn  
Mixed Berries  
Chocolate Chip Cookie  
Cold Milk

17  
Super Nacho's  
Cheesy Beans  
Strawberry Banana  
Applesauce  
Cold Milk

18  
Fish Sticks  
Bread Slice  
X-Ray Vision  
Carrots w/ Dip  
Frozen Fruit Sorbet  
Cold Milk

21  
Martin Luther King  
Jr Day  
  
No School

22  
Cheeseburger  
Sweet Potato Tots  
Sweet Peaches  
Cold Milk

23  
Spaghetti w/ Meat  
Sauce  
Garlic Breadstick  
Super Salad  
Savory Green Beans  
Fresh Apple Slices  
Cold Milk

24  
Chicken Nuggets  
Bread Slice  
Emoji Fries  
Powerful Pineapple  
Cold Milk

25  
Corn Dog  
Cowboy Baked  
Beans  
Sweet Strawberries  
Cold Milk

28  
Pepperoni French  
Bread  
Savory Green Beans  
Perfect Pears  
French Toast  
Goldfish  
Cold Milk

29  
Doritos Walking  
Taco  
Cheesy Beans  
A+ Applesauce  
Cold Milk

30  
Popcorn Chicken  
Bread Slice  
Mashed Potatoes &  
Gravy  
Sweet Peaches  
Cold Milk

31  
Toasted Ravioli  
w/ Meat Sauce  
Savory Carrots  
Orange Smiles  
Cold Milk

DID YOU KNOW...  
January's gem is  
garnet which  
represents  
constancy.

Daily Choice:  
Mon/Wed/Fri  
Yogurt with Granola &  
Cheese Stick

Tue/Thur –  
Ham & Cheese Lunch Kit

Vegetable of the Month:  
Zucchini  
Come try Zucchini  
January 11<sup>th</sup>!

Students must choose a  
fruit or vegetable for a  
complete meal.

Menu is subject to  
change.

We are a peanut butter  
free school district

MY  
SCHOOL  
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com