

# FEBRUARY 2019

## Bethalto East Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

THE ROMAN MONTH FEBRUARIUS WAS NAMED AFTER THE LATIN TERM FEBRUUM, WHICH MEANS PURIFICATION, VIA THE PURIFICATION RITUAL FEBRUA HELD ON FEBRUARY 15 (FULL MOON) IN THE OLD LUNAR ROMAN CALENDAR.

**1**  
Crispy Chicken Sandwich  
Cheesy Broccoli  
Frosty Blueberries  
Cold Milk

Daily Choice:  
Mon/Wed/Fri  
Yogurt with Granola & Cheese Stick

Tue/Thur –  
Ham & Cheese Lunch Kit

Vegetable of the Month:  
Sweet Potatoes  
Try them Feb 21<sup>st</sup>!

Students must choose a fruit or vegetable for a complete meal.

Menu is subject to change.

We are a peanut butter free school district

**4**  
Hot Dog  
X-Ray Vision  
Carrots w/ Ranch Dressing  
Mandarin Oranges  
Cold Milk

**5**  
**Taco Tuesday!**  
Crunchy Beef Tacos  
Fiesta Beans  
Powerful Pineapple  
Cold Milk

**6**  
**Breakfast for Lunch**  
French Toast Sticks  
Scrambled Eggs  
Potato Tots  
Banana  
Cold Milk

**7**  
Cheesy Breadstick Dunkers w/ Sauce  
Seasoned Green Beans  
Sweet Strawberries  
Cold Milk

**8**  
Chicken Rings  
Bread Slice  
Super Salad  
Seasoned Green Beans  
A+ Applesauce  
Valentine's Cookie  
Cold Milk

**11**  
Personal Cheese Pizza  
Sweet Potato Fries  
Perfect Pears  
Cold Milk

**12**  
Super Nachos  
Cheesy Beans  
Orange Smiles  
Cold Milk

**13**  
**Valentine's Meal**  
Heart Shaped Chicken Nuggets  
Bread Slice  
Mashed Potatoes & Gravy  
Frozen Fruit Sorbet  
Cold Milk

**14**  
**Early Dismissal Sack Lunch**  
Turkey, Ham & Cheese Wrap  
Power Punch Juice  
Apple Slices, Chips,  
Rice Krispie Treat  
Cold Milk

**15**  
District Insitute  
  
No School

**18**  
President's Day  
  
No School

**19**  
Cheeseburger  
French Fries  
Sweet Peaches  
Cold Milk

**20**  
Spaghetti w/ Meat Sauce  
Garlic Breadstick  
Super Salad  
Seasoned Green Beans  
Fresh Apple Slices  
Cold Milk

**21**  
**Try Day**  
Crispy Chicken Drumstick  
Dinner Roll  
**Sweet Potatoes**  
Frosty Blueberries  
Cold Milk

**22**  
Corn Dog  
Cowboy Baked Beans  
A+ Applesauce  
Cold Milk

**25**  
Pepperoni Pizza  
Seasoned Green Beans  
Mango Peach Applesauce  
French Toast Goldfish  
Cold Milk

**26**  
**Taco Tuesday!**  
Doritos Walking Taco  
Fiesta Beans  
Mixed Berries  
Cold Milk

**27**  
Popcorn Chicken  
Bread Slice  
Mashed Potatoes & Gravy  
Sweet Peaches  
Cold Milk

**28**  
Toasted Ravioli w/ Meat Sauce  
Savory Carrots  
Orange Smiles  
Cold Milk

MY SCHOOL BUCKS PAY FOR MEALS ONLINE  
MySchoolBucks.com